

Stay Cautious and Continue to Take Precautions during the Holidays!

Recently, the number of COVID-19 cases in Hyogo Prefecture has remained low thanks to the cooperation of Hyogo citizens and efforts made by medical workers. However, the Omicron variant poses a new concern. During the flu season and year-end/New Year holidays, please continue to take precaution and every measure to prevent another resurgence in infections.

1. Thoroughly implement basic infection prevention measures

- Thoroughly implement basic infection prevention measures in everyday life, such as wearing face masks (non-woven masks are recommended), washing or disinfecting your hands, avoiding the Three Cs (confined spaces, crowded places, and close contact), keeping a safe distance from others, and ventilating rooms.
- When going out, avoid crowded places and peak hours, and go in small groups.
- Implement infection prevention measures at home, such as washing or disinfecting your hands upon returning home and managing the health of family members.
- If you feel unwell, immediately call and visit a medical institution.

2. Avoid risky behavior

- There will be many opportunities for gatherings such as year-end/New year parties and reunions. When attending such gatherings, dine in groups of four or less per table and do not stay in the restaurant for over two hours. Be sure to wear face masks during conversations.
- Do not visit eating and drinking establishments or karaoke parlors that do not take thorough infection prevention measures.
- Facilities that attract many visitors are requested to take thorough infection prevention measures, such as limiting visitors, urging them to wear face masks, and preparing disinfectants.
- If you have symptoms such as fever, refrain from returning to your hometown, going on trips and participating in events.

3. Get vaccinated

- We will be administering a third dose of the vaccines; get vaccinated as soon as possible.
- Continue to take basic infection prevention measures, such as wearing face masks, ventilating rooms, and disinfecting your hands, even after vaccination.