

Take Thorough Infection Prevention Measures Even During the Golden Week Holidays!

The number of new cases in Hyogo Prefecture remains high, especially among young people. **Another surge in infections during the Golden Week holidays is a great concern** as there are **more opportunities to come in contact with others** during hometown visits and trips. We request **everyone to continue to take thorough infection prevention measures, including vaccination.**

1. Avoid risky behavior

- **If you have symptoms**, such as fever and cough, refrain from visiting your hometown, taking trips, or participating in events, and **call and visit a medical institution.**
- Avoid visiting crowded places at peak hours, and **stay in small groups.**
- **Avoid activities with a high risk of infections**, such as dining in large groups and loud conversations, especially **during hometown visits and trips.**

2. Thoroughly implement basic infection prevention measures

- **Thoroughly implement basic infection prevention measures in everyday life**, such as ventilating rooms regularly, wearing face masks properly, frequently washing or disinfecting your hands, keeping a safe distance from others, and avoiding the Three Cs (confined spaces, crowded places, and close contact).
- **Dine quickly in small groups.** When dining out, dine in groups of four or less per table in restaurants that are certified as taking proper measures (for restaurants that are not certified, go in a group of four or less). **Be sure to wear face masks** (non-woven masks are recommended) **during conversations**
- **Facilities that attract many visitors** are requested to **take thorough infection prevention measures**, such as limiting the entry of visitors, urging them to wear face masks, and preventing droplets from spreading.
- **Take thorough infection prevention measures during breaks and meals at the workplace, schools, during club activities, etc..**

3. Get vaccinated

- **Vaccination is effective in the onset and exacerbation of the disease.** Those who have not been vaccinated are highly recommended to **get vaccinated.**
- Even if your address on the Certificate of Residence is not Hyogo Prefecture, **you can get vaccinated, even without reservation, at large-scale vaccination sites operated by the prefecture in Himeji City and Nishinomiya City.**