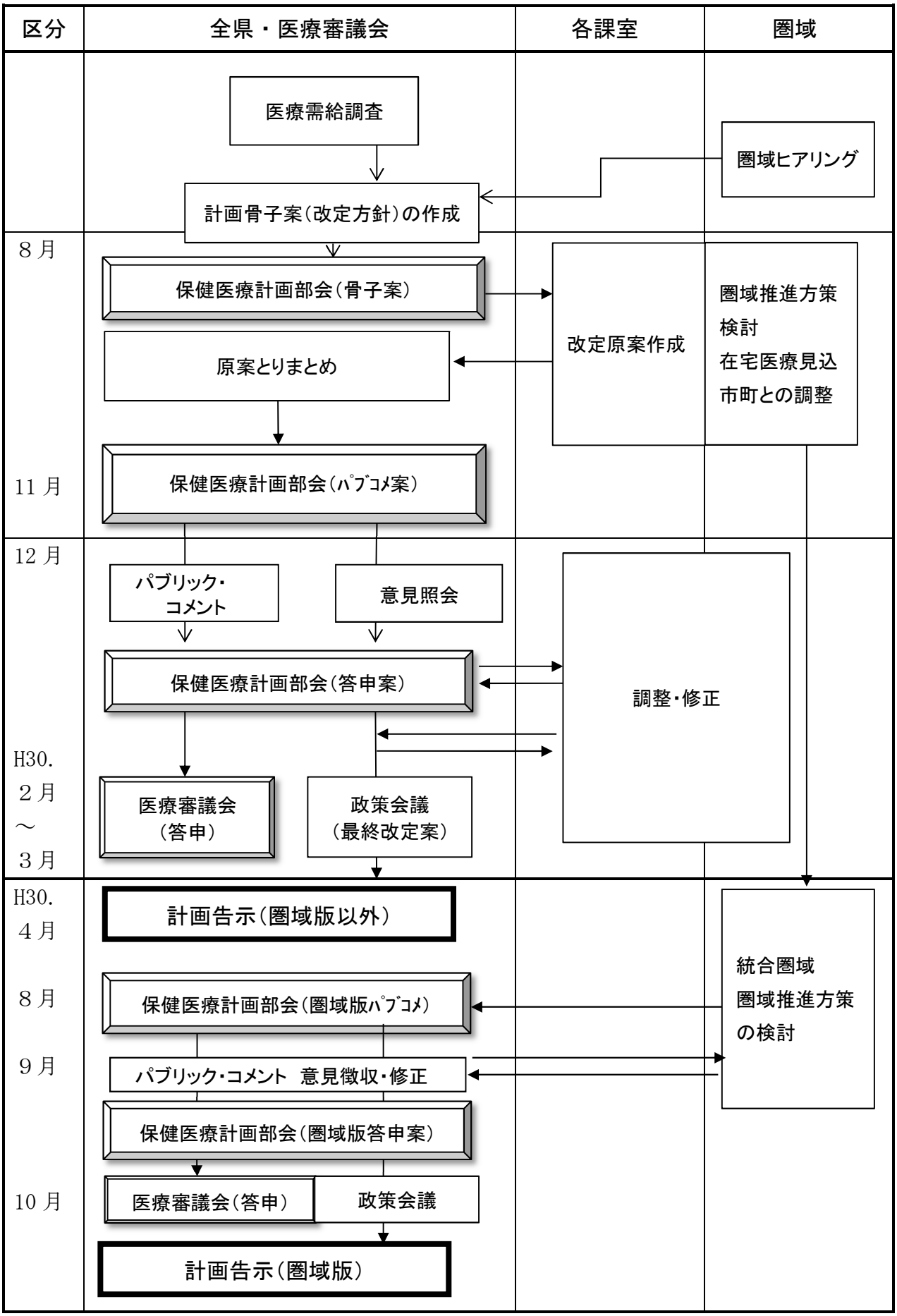保健医療計画改定スケジュール