



| 項目<br>保険者番号・保険者名 |                  | 内臓脂肪症候群該当者の減少率に関する事項 |                           |       |                                      |       |                   | 内臓脂肪症候群予備群の減少率に関する事項 |                                  |       |                    | 保健指導対象者の減少率に関する事項               |                  |                    |                                 |                           |
|------------------|------------------|----------------------|---------------------------|-------|--------------------------------------|-------|-------------------|----------------------|----------------------------------|-------|--------------------|---------------------------------|------------------|--------------------|---------------------------------|---------------------------|
|                  |                  | 15                   | 16                        | 17    | 18                                   | 19    | 20                | 21                   | 22                               | 23    | 24                 | 25                              | 26               | 27                 | 28                              | 29                        |
|                  |                  | 昨年度の内臓脂肪症候群該当者の数(人)  | 15のうち、今年度の内臓脂肪症候群予備群の数(人) | 割合(%) | 15のうち、今年度の内臓脂肪症候群該当者・予備群でなくなった者の数(人) | 割合(%) | 内臓脂肪症候群該当者の減少率(%) | 昨年度の内臓脂肪症候群予備群の数(人)  | 21のうち、今年度の内臓脂肪症候群予備群でなくなった者の数(人) | 割合(%) | 昨年度の特定保健指導の対象者数(人) | 24のうち、今年度は特定保健指導の対象でなくなった者の数(人) | 特定保健指導対象者の減少率(%) | 昨年度の特定保健指導の利用者数(人) | 27のうち、今年度は特定保健指導の対象でなくなった者の数(人) | 特定保健指導による特定保健指導対象者の減少率(%) |
| 284000           | 神戸市              | 3,357                | 276                       | 8.2%  | 607                                  | 18.1% | 26.3%             | 2,388                | 691                              | 29.0% | 3,529              | 762                             | 21.6%            | 442                | 108                             | 24.4%                     |
| 280024           | 姫路市              | 1,843                | 122                       | 6.6%  | 368                                  | 20.0% | 26.6%             | 1,136                | 341                              | 30.0% | 1,705              | 353                             | 20.7%            | 256                | 84                              | 32.8%                     |
| 280032           | 尼崎市              |                      |                           |       |                                      |       |                   |                      |                                  |       |                    |                                 |                  |                    |                                 |                           |
| 280040           | 明石市              | 399                  | 16                        | 4.0%  | 53                                   | 13.3% | 17.3%             | 315                  | 50                               | 15.9% | 457                | 57                              | 12.5%            | 10                 | 1                               | 10.0%                     |
| 280057           | 西宮市              | 1,086                | 72                        | 6.6%  | 180                                  | 16.6% | 23.2%             | 844                  | 198                              | 23.5% | 920                | 251                             | 27.3%            | 831                | 147                             | 17.7%                     |
| 280065           | 洲本市              | 134                  | 13                        | 9.7%  | 25                                   | 18.7% | 28.4%             | 89                   | 22                               | 24.7% | 144                | 31                              | 21.5%            | 60                 | 18                              | 30.0%                     |
| 280073           | 芦屋市              | 153                  | 11                        | 7.2%  | 41                                   | 26.8% | 34.0%             | 160                  | 38                               | 23.8% | 167                | 35                              | 21.0%            | 40                 | 6                               | 15.0%                     |
| 280081           | 伊丹市              | 420                  | 33                        | 7.9%  | 82                                   | 19.5% | 27.4%             | 306                  | 76                               | 24.8% | 365                | 63                              | 17.3%            | 13                 | 4                               | 30.8%                     |
| 280099           | 相生市              | 131                  | 12                        | 9.2%  | 19                                   | 14.5% | 23.7%             | 95                   | 27                               | 28.4% | 126                | 32                              | 25.4%            | 3                  | 0                               | 0.0%                      |
| 280115           | 加古川市             | 1,003                | 58                        | 5.8%  | 182                                  | 18.1% | 23.9%             | 589                  | 190                              | 32.3% | 698                | 175                             | 25.1%            | 202                | 66                              | 32.7%                     |
| 280131           | 赤穂市              | 158                  | 11                        | 7.0%  | 30                                   | 19.0% | 25.9%             | 109                  | 38                               | 34.9% | 151                | 47                              | 31.1%            | 40                 | 20                              | 50.0%                     |
| 280149           | 西脇市              | 89                   | 5                         | 5.6%  | 11                                   | 12.4% | 18.0%             | 72                   | 23                               | 31.9% | 77                 | 22                              | 28.6%            | 30                 | 11                              | 36.7%                     |
| 280156           | 宝塚市              | 514                  | 44                        | 8.6%  | 102                                  | 19.8% | 28.4%             | 418                  | 121                              | 28.9% | 490                | 104                             | 21.2%            | 85                 | 32                              | 37.6%                     |
| 280164           | 三木市              | 170                  | 13                        | 7.6%  | 17                                   | 10.0% | 17.6%             | 137                  | 33                               | 24.1% | 184                | 32                              | 17.4%            | 55                 | 14                              | 25.5%                     |
| 280172           | 高砂市              | 217                  | 17                        | 7.8%  | 31                                   | 14.3% | 22.1%             | 118                  | 29                               | 24.6% | 162                | 27                              | 16.7%            | 36                 | 12                              | 33.3%                     |
| 280180           | 川西市              | 612                  | 36                        | 5.9%  | 99                                   | 16.2% | 22.1%             | 383                  | 102                              | 26.6% | 601                | 127                             | 21.1%            | 158                | 41                              | 25.9%                     |
| 280198           | 小野市              | 101                  | 6                         | 5.9%  | 7                                    | 6.9%  | 12.9%             | 71                   | 12                               | 16.9% | 105                | 10                              | 9.5%             | 0                  | 0                               | 0.0%                      |
| 280206           | 三田市              | 180                  | 7                         | 3.9%  | 27                                   | 15.0% | 18.9%             | 141                  | 27                               | 19.1% | 175                | 37                              | 21.1%            | 25                 | 7                               | 28.0%                     |
| 280214           | 加西市              | 106                  | 9                         | 8.5%  | 13                                   | 12.3% | 20.8%             | 58                   | 18                               | 31.0% | 85                 | 16                              | 18.8%            | 20                 | 4                               | 20.0%                     |
| 280222           | 川辺郡 猪名川町         | 83                   | 3                         | 3.6%  | 12                                   | 14.5% | 18.1%             | 75                   | 22                               | 29.3% | 72                 | 25                              | 34.7%            | 14                 | 6                               | 42.9%                     |
| 280248           | 加東市              | 63                   | 6                         | 9.5%  | 7                                    | 11.1% | 20.6%             | 51                   | 11                               | 21.6% | 65                 | 16                              | 24.6%            | 21                 | 5                               | 23.8%                     |
| 280271           | 多可郡 多可町          | 70                   | 10                        | 14.3% | 15                                   | 21.4% | 35.7%             | 59                   | 20                               | 33.9% | 71                 | 19                              | 26.8%            | 19                 | 6                               | 31.6%                     |
| 280313           | 加古郡 稲美町          | 96                   | 4                         | 4.2%  | 20                                   | 20.8% | 25.0%             | 58                   | 18                               | 31.0% | 83                 | 21                              | 25.3%            | 36                 | 15                              | 41.7%                     |
| 280321           | 加古郡 播磨町          | 117                  | 5                         | 4.3%  | 19                                   | 16.2% | 20.5%             | 89                   | 29                               | 32.6% | 98                 | 23                              | 23.5%            | 34                 | 11                              | 32.4%                     |
| 280370           | 神崎郡 市川町          | 39                   | 6                         | 15.4% | 5                                    | 12.8% | 28.2%             | 24                   | 9                                | 37.5% | 34                 | 11                              | 32.4%            | 15                 | 6                               | 40.0%                     |
| 280396           | 神崎郡 福崎町          | 53                   | 9                         | 17.0% | 5                                    | 9.4%  | 26.4%             | 32                   | 10                               | 31.3% | 45                 | 11                              | 24.4%            | 0                  | 0                               | 0.0%                      |
| 280404           | 神崎郡 神河町          | 40                   | 4                         | 10.0% | 9                                    | 22.5% | 32.5%             | 38                   | 12                               | 31.6% | 50                 | 13                              | 26.0%            | 18                 | 8                               | 44.4%                     |
| 280420           | 揖保郡 太子町          | 40                   | 6                         | 15.0% | 7                                    | 17.5% | 32.5%             | 53                   | 14                               | 26.4% | 69                 | 15                              | 21.7%            | 62                 | 14                              | 22.6%                     |
| 280438           | たつの市             | 161                  | 14                        | 8.7%  | 34                                   | 21.1% | 29.8%             | 124                  | 34                               | 27.4% | 206                | 49                              | 23.8%            | 154                | 39                              | 25.3%                     |
| 280453           | 赤穂郡 上郡町          | 107                  | 10                        | 9.3%  | 17                                   | 15.9% | 25.2%             | 94                   | 28                               | 29.8% | 77                 | 17                              | 22.1%            | 13                 | 6                               | 46.2%                     |
| 280461           | 佐用郡 佐用町          | 51                   | 6                         | 11.8% | 6                                    | 11.8% | 23.5%             | 39                   | 8                                | 20.5% | 49                 | 12                              | 24.5%            | 11                 | 1                               | 9.1%                      |
| 280503           | 宍粟市              | 172                  |                           |       |                                      |       |                   | 125                  |                                  |       | 173                |                                 | 138              |                    |                                 |                           |
| 280578           | 美方郡 香美町          | 86                   | 4                         | 4.7%  | 19                                   | 22.1% | 26.7%             | 58                   | 24                               | 41.4% | 87                 | 25                              | 28.7%            | 46                 | 13                              | 28.3%                     |
| 280628           | 美方郡 新温泉町         | 76                   | 4                         | 5.3%  | 13                                   | 17.1% | 22.4%             | 51                   | 8                                | 15.7% | 75                 | 20                              | 26.7%            | 11                 | 2                               | 18.2%                     |
| 280651           | 養父市              | 56                   | 2                         | 3.6%  | 12                                   | 21.4% | 25.0%             | 77                   | 17                               | 22.1% | 76                 | 14                              | 18.4%            | 33                 | 5                               | 15.2%                     |
| 280701           | 朝来市              | 59                   | 6                         | 10.2% | 9                                    | 15.3% | 25.4%             | 54                   | 12                               | 22.2% | 66                 | 14                              | 21.2%            | 11                 | 3                               | 27.3%                     |
| 280735           | 丹波市              | 177                  | 17                        | 9.6%  | 28                                   | 15.8% | 25.4%             | 167                  | 51                               | 30.5% | 226                | 61                              | 27.0%            | 110                | 38                              | 34.5%                     |
| 280792           | 篠山市              | 147                  | 11                        | 7.5%  | 27                                   | 18.4% | 25.9%             | 120                  | 36                               | 30.0% | 134                | 32                              | 23.9%            | 35                 | 14                              | 40.0%                     |
| 280867           | 淡路市              | 118                  | 14                        | 11.9% | 19                                   | 16.1% | 28.0%             | 78                   | 21                               | 26.9% | 132                | 29                              | 22.0%            | 76                 | 22                              | 28.9%                     |
| 280933           | 南あわじ市            | 177                  | 18                        | 10.2% | 34                                   | 19.2% | 29.4%             | 106                  | 32                               | 30.2% | 170                | 37                              | 21.8%            | 17                 | 6                               | 35.3%                     |
| 280958           | 豊岡市              | 200                  | 19                        | 9.5%  | 44                                   | 22.0% | 31.5%             | 210                  | 76                               | 36.2% | 193                | 60                              | 31.1%            | 123                | 47                              | 38.2%                     |
| 283010           | 兵庫食糧国民健康保険組合     | 3                    | 1                         | 33.3% | 0                                    | 0.0%  | 33.3%             | 5                    | 1                                | 20.0% | 5                  | 1                               | 20.0%            | 0                  | 0                               | 0.0%                      |
| 283028           | 明石浦国民健康保険組合      | 0                    | 0                         | 0.0%  | 0                                    | 0.0%  | 0.0%              | 3                    | 0                                | 0.0%  | 4                  | 0                               | 0.0%             | 0                  | 0                               | 0.0%                      |
| 283036           | 神戸中央卸売市場国民健康保険組合 | 3                    | 0                         | 0.0%  | 0                                    | 0.0%  | 33.3%             | 0                    | 0                                | 0.0%  | 0                  | 0                               | 0.0%             | 0                  | 0                               | 0.0%                      |
| 283051           | 兵庫県食品国民健康保険組合    | 16                   | 2                         | 12.5% | 1                                    | 6.3%  | 18.8%             | 12                   | 1                                | 8.3%  | 27                 | 1                               | 3.7%             | 2                  | 0                               | 0.0%                      |
| 283069           | 兵庫県歯科医師国民健康保険組合  | 10                   | 0                         | 0.0%  | 1                                    | 10.0% | 10.0%             | 12                   | 3                                | 25.0% | 21                 | 3                               | 14.3%            | 0                  | 0                               | 0.0%                      |
| 283077           | 兵庫県医師国民健康保険組合    | 18                   | 0                         | 0.0%  | 1                                    | 5.6%  | 5.6%              | 21                   | 5                                | 23.8% | 35                 | 7                               | 20.0%            | 0                  | 0                               | 0.0%                      |
| 283085           | 兵庫県薬剤師国民健康保険組合   | 5                    | 1                         | 20.0% | 1                                    | 20.0% | 40.0%             | 8                    | 0                                | 0.0%  | 11                 | 2                               | 18.2%            | 0                  | 0                               | 0.0%                      |
| 283093           | 兵庫県建設国民健康保険組合    | 115                  | 7                         | 6.1%  | 27                                   | 23.5% | 29.6%             | 121                  | 27                               | 22.3% | 205                | 41                              | 20.0%            | 34                 | 10                              | 29.4%                     |
|                  | 市町国保             | 12,861               | 939                       | 7.3%  | 2,255                                | 17.5% | 24.8%             | 9,209                | 2,528                            | 27.5% | 12,392             | 2,705                           | 21.8%            | 3,303              | 842                             | 25.5%                     |
|                  | 国保組合             | 170                  | 11                        | 6.5%  | 32                                   | 18.8% | 25.3%             | 182                  | 37                               | 20.3% | 308                | 55                              | 17.9%            | 36                 | 10                              | 27.8%                     |
|                  | 兵庫県              | 13,031               | 950                       | 7.3%  | 2,287                                | 17.6% | 24.8%             | 9,391                | 2,565                            | 27.3% | 12,700             | 2,760                           | 21.7%            | 3,339              | 852                             | 25.5%                     |

※注: 尼崎市は男女計のデータのみ。宍粟市は前年比較データがない。

